



NAM WAH PAI INTERNATIONAL

The fitness, health and self defence professionals

南 華 派

September 2012

Dear Students & Parents

We are nearly $\frac{3}{4}$ of the way through the year, so congratulations on your perseverance. Coming up we have the National Tournament, followed by the Term 3 grading, Singapore Training Camp, Black Belt Mock grading, Term 4 grading and finally the Black Belt grading. We are definitely moving into a busy time of year – luckily the weather has warmed up a bit and we can all spend more time training. ☺

Full Contact Training: The next lesson is scheduled for Tuesday the 22nd of September.

National Tournament: It is now less than 2 weeks away. Hope you all have been practicing hard. There is one more Tournament training left this Sunday 3pm – 4.15pm. Very beneficial for last minute tips and advice. Please also return your transport form ASAP if you want to be involved with this. It will be a lot of fun.

Entry forms need to be in as soon as you can, on the day is fine. If you are not entering the tournament, you will still need to fill the bottom form out for the annual membership.

Papamoa Club Grading: We will be giving you a week to recover from the tournament....so your grading will be on Monday the 1st of October (Thursday students, your grading will be on Thursday the 27th of September).

Tauranga Club Grading: You also will have a week to recover and work hard on you grading stuff. Tuesday the 2nd of October will be your grading date.

Singapore Training Camp: This year, 3 of your instructors (Brian, Shelley & Jason), are attending the camp. Training will run as normal – as we have a bunch of awesome instructors who are more than capable of filling in for us!!

School Holidays: Please remember that we are still training through the school holidays



NAM WAH PAI INTERNATIONAL - GRADING APPLICATION FORM

Please fill in this form and bring it, along with your grading fee on the day of the grading.

GRADING FEES:	Sitting Yellow to Red Belt:	\$35
	Sitting Brown Belt and above:	\$45

Family concession: First 2 pay the full price and the rest pay \$10 each.

NAME: _____	AGE: _____
ADDRESS: _____	PHONE NO: _____
GRADE SITTING: _____	CLUB: _____

Kind Regards
Brian Barnett