

NAM WAH PAI INTERNATIONAL

The fitness, health and self defence professionals



April 2012

Dear Students and Parents

Full Contact: The next full contact lesson is on Tuesday the 24th of April. See Shelley for details if you are interested.

Singapore: Confirmed dates for the training are Sunday the 14th of October through to Monday 22nd October. This includes the Push Hands training, Tai Chi form training, Chi Kong night training, Saturday night Celebration and Sunday Tour with the Grandmaster. The air fare tickets will need to be purchased shortly, so those who are attending the Singapore training camp, please let us know – so that you will be included in the loop. Those people who intend to use air points or are travelling at different times (i.e. going on holiday after or before the camp), feel free to go ahead and do so. Please also let us know your details.

National Tournament: The rumour mill has said August – so if you start preparing your stuff now it will look polished by then. Remember those students hoping to sit a grading at the end of the year will need to have the following ready for the tournament:

** Asti black - 2 per	rson empty hand set	
** 1 st Degree – 2 per	rson weapon set	
** 2 nd Degree – 2 pe	erson weapon set and weapon	kata
	ading: Those students who very to grade on Tuesday 1 st of M	veren't quite ready for the April grading will ay
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NAM WAH	I PAI INTERNATIONAL - (GRADING APPLICATION FORM
Please fill in this form	and bring it, along with your gra	ding fee on the day of the grading.
GRADING FEES:	Sitting Yellow to Red Belt:	\$35
	Sitting Brown Belt and above:	\$45
Family concession:	First 2 pay the full price and th	e rest pay \$10 each.
NAME:		AGE:
		PHONE NO:

CLUB: _____

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GRADE SITTING: _____

Sweatshirt order: It's that time of year again for sweatshirts. (We only put an order through once a year). Those who ordered them late last year (Caleb, Dean, Sean, Ryan H, Hailey, Karl P, Trinity), please reconfirm the size with us as you may have grown – and we will put you in this year's order. Otherwise if you would like to order a sweatshirt, please do so before the end of April. (The prices vary, depending on size, \$50-65).

Bo's: We will be ordering another lot of bo's and broadswords shortly. Please let us know your requirements before the end of April. Also see us if you would like any weapons ordered for the tournament and we will also organise this for you.

That's all for now Train Hard

Kind Regards Brian Barnett