



NAM WAH PAI INTERNATIONAL

The fitness, health and self defence professionals

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February 2012

Dear Students and Parents

Happy New Year to you all!! The year of the Dragon promises to be a year of transformations and transitions. The Water dragon tells us that it's a good year to improve oneself and take calculated risks....

Fundraising: Thank you all for your fantastic efforts in last years Christmas raffle. A big thank you to Café Versailles, Bakers Delight, Judi Hobart, Kevin James and many others, including yourselves, for your fantastic sponsorship and donations. Congratulations to Kaden Morreel who received the 3 months free training, and the Eustace family for 1 month free training. We had great success with this venture.

Uniforms & Weapons: We will be placing orders this month for Heavy Tops (which take approx 2 months to arrive – so they will be here for winter), broadswords (Asti Blacks will need one this year), and bo's. We can also procure weapons from AMAS Auckland Martial Art Supplies for those of you who require new weapons for the tournament and black belt grading. Please check out their website for items and let us know what you would like. Fill in the form over the page for uniform and weapon orders.

Tauranga Club Grading: 2012's first club grading will be held at the beginning of April. The date will be confirmed next month.

Full Contact Free Sparring: This will be done once a month only, and we will give you the dates, so that you can be prepared. You must be Green Belt or above, age 10 years or above and have parents written consent (if under 18), have shin guards and a mouth guard. There will be a minimum of two instructors controlling the bouts. Students must also be able to show control between semi contact and full contact. Sanshou rules apply. Boxing mitts, body shields and head gear are provided (you may bring your own if you wish). You must also have a signed copy of the consent form. The first Full Contact Free Sparring session will be held in March, the date will be confirmed in the next newsletter.

Tauranga Training Floor: As most of you are aware, we have had the floor redone in the big hall. We ask that you respect the new floor and wear only bare feet, soft shoes or court shoes. Those people with weapons, please refrain from slamming your bo's, stabbing your swords, and dropping your weapons on the floor. Thank you.

Singapore: The approximate training dates are: Sunday 14th October – Monday 22nd October, with the celebration night being on Saturday 20th of October. It has been emphasised that each branch is required to stay as a team. Therefore we will all need to travel and stay together (unless individuals wish to travel on to other destinations etc, afterwards or before). We will be looking out for airline specials – and let those of you who are interested, so that we can all book at the same time. If you are wishing to train in Singapore you need to know the complete Yang 108 and Zhao Bao (subject to the Master Jarrod's discretion). Please let Shelley or Brian know if you are hoping to travel to Singapore this year – so that you are included in the airline notification.

Uniform & Weapon Order Form

(Heavy Top, Broadswords, Bo's, other Weapons)

Name: _____

Item Required: _____

Size: _____ Quantity: _____

Please have this order form back to us by Friday the 24th of February – so that you don't miss out. Thanks.

Kind Regards
Brian Barnett